

Can you feel the Sunshine - Lesson Ideas

1. Exploring the Sun

Discuss the importance of the Sun and how it supports life on Earth. Explore how sunlight provides warmth, light and energy for living things.

2. Earth and Space

Use the song to learn about the Solar System, Earth's orbit and why we experience day, night and seasons. Discuss how the Earth's tilt affects the amount of sunlight different places receive throughout the year.

3. Light and Energy

Investigate how the Sun produces light and heat. Explore renewable solar energy and how people use sunlight to generate electricity and power everyday devices.

4. Sun Safety

The song highlights the importance of protecting ourselves from the Sun. Discuss safe habits such as wearing sunscreen, hats and sunglasses, especially during hot weather.

5. Time and Movement

Explore how people have used the Sun to measure time throughout history. Investigate sundials and learn how the Earth's rotation creates day and night.

6. Performance Challenge

Create an energetic performance using movement, percussion and actions to represent sunrise, daylight and the changing seasons. Experiment with dynamics and expression to capture the warmth and power of the Sun.